

July 2026						Aug
Main Street Apartments						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
<u>Key:</u> Wellness Center - W.C. Dining Room -D.R. Living Room -L.R. Community Room - C.R. Senior Apartments - S.A. Assisted Living - A.L Town Square -T.S- (By grand piano <u>Activity Sign up:</u> Marissa 827-2222 mspahn@elderspan.com Cyndi 827-3535 Cyndi@elderspan.com		Senior Apartments mini grocery store: Floor B Hours M-F 9:30-11:30 and 2-4	<u>Activity Sign up:</u> Marissa 827-2222 mspahn@elderspan.com Cyndi 827-3535 Cyndi@elderspan.com			3:00 -Rosary-Chapel 4pm -Mass-Chapel 5pm -Mass -SA Chapel Happy 10 Year Anniversary Main Street Apartments!!!

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 12:45-3 Mah Jongg-Café 1pm-Rummikub-SA Dining Rm. 3pm-Rosary-Chapel 5:30 -Euchre-SA Dining Room	3 10am -Coloring-SA L.R. 11am -Upper Body Strength-Wellness Center 12:45 -Friends of Bill W-SA Private D.R. 1pm-Chair Yoga-W.C 1pm-Pinochle-SA D.R. 2pm-Advanced Cardio-W.C. 3:00 -Rosary-Chapel	4 9:00- Morning stretch-W.C. 10:00- Mass-SA Chapel 11:00 -Lower Body Strength-W.C. 12:30 -Bridge-SA LR 1pm-Chair Yoga-W.C 1:30 -Wii Bowling-Community Room 2:00 -Work On Balance-W.C.	5 9:30 -Mass- Chapel 9:30 -Knot Just Knitters-SA D.R. 10:00- Coffee and Conversation-Café 12:45-3 Mah Jongg-MS D.R. 1pm -500 and Sheepshead-SADR 1:15 Bible Study – SA LR 1:30-3:30 -Alsum Farmer's Market-SA Parking Lot 3:00 -Rosary-Chapel 3:30 -Eucharistic Adoration-Chapel Happy Birthday Ves! #311	6 9:00am - Morning Stretch-W.C. 9:30- Mass-Chapel 10:00- Coffee and Conversation-Café 11am -Lower Body Strength-W.C. 1pm-Chair Yoga-wc 2pm-Work on Balance -W.C. 2:00 -Cribbage-SA L.R. 2:00 -Kooking with Kaden-SA D.R. 3:00 -Rosary-Chapel 3:30- Men's Happy Hour-Cafe 5:30- Euchre -SA DR	7 9:00am -Breathing Meditation-W.C. 10:45 -Bible Study-AL Activity Room 11am -Full Body Strength-W.C. 12:30 -Bridge-SA L.R. 1pm-Chair Yoga-W.C 1pm-3pm -Joanne's Painting class-SA D.R.Please sign up 1:30 -Rummikub-SA D.R. 2pm-Work on Balance-W.C 3:00 -Rosary-Chapel	8 3:00 -Rosary-Chapel 4pm -Mass-Chapel 5pm -Mass –SA Chapel

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9 12:45-3 Mah Jongg-Café 1pm-Rummikub-SA Dining Rm. 3pm-Rosary-Chapel 5:30 -Euchre-SA Dining Room Happy Birthday Betty Lou! #210	10 11am -Upper Body Strength-Wellness Center 12-3 Giveaway Table-SA L.R. 1pm-Chair Yoga-W.C 1pm-Pinochle-SA D.R. 1:30 -All Saints Singers-T.S. 2pm-Advanced Cardio-W.C. 3:00 -Rosary-Chapel Happy Birthday Darlene! Apt. 206	11 9:00- Morning stretch-W.C. 10:00- Mass-SA Chapel 11:00 -Lower Body Strength-W.C. 11am -Bus leaves for Timber Hill Winery-Please sign up 12:30 -Bridge-SA LR 1pm-Chair Yoga-W.C 1:30 -Wii Bowling-Community Room 2:00 -Work On Balance-W.C.	12 9:30 -Mass- Chapel 10:00- Coffee and Conversation-Café 12:45-3 Mah Jongg-MS D.R. 1pm -500 and Sheepshead-SADR 1:15 Bible Study – SA LR 2Pm-Bingo-Cafe 3:00 -Rosary-Chapel 3:30 -Eucharistic Adoration-Chapel	13 9:00am - Morning Stretch-W.C. 9:30- Mass-Chapel 10:00- Coffee and Conversation-Café 11am -Lower Body Strength-W.C. 1pm-Chair Yoga-wc 2pm-Work on Balance -W.C. 2:00 -Cribbage-SA L.R. 3pm-Wine and snacks on SA Patio 3:00 -Rosary-Chapel 5:30- Euchre -SA DR	14 9:00am -Breathing Meditation-W.C. 10:45 -Bible Study-AL Activity Room 11am -Full Body Strength-W.C. 12:30 -Bridge-SA L.R. 1pm-Chair Yoga-W.C 1pm-3pm -Joanne's Painting class-SA D.R.Please sign up 1:30 -Rummikub-SA D.R. 2pm-Work on Balance-W.C 3:00 -Rosary-Chapel 4pm -Mass-MS Chapel	15 3:00 -Rosary-Chapel 4pm -Mass-Chapel 5pm -Mass –SA Chapel

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16 12:45-3 Mah Jongg-Café 1pm-Rummikub-SA Dining Rm. 3pm-Rosary-Chapel 5:30 -Euchre-SA Dining Room	17 11am -Upper Body Strength-Wellness Center 12:45 -Friends of Bill W-SA Private D.R. 1pm-Chair Yoga-W.C 1pm-Pinochle-SA D.R. 2pm-Advanced Cardio-W.C. 2pm-Trivia-C.R. Please sign up 3:00 -Rosary-Chapel Happy Birthday Rita! #309	18 9:00- Morning stretch-W.C. 10 am -Bus leaves for Daylene's Supper club in the Dells-Please sign up 10:00- Mass-SA Chapel 11:00 -Lower Body Strength-W.C. 12:30 -Bridge-SA LR 1pm-Chair Yoga-W.C 1:30 -Wii Bowling-Community Room 2:00 -Work On Balance-W.C. 4pm-Eccumenical Service-C.R.	19 9:30 -Mass- Chapel 9:30 -Knot Just Knitters-SA D.R. 10:00- Coffee and Conversation-Café 12:45-3 Mah Jongg-MS D.R. 1pm -500 and Sheepshead-SADR 1:15 Bible Study – SA LR 1:30 -Technology Class with Joyce-C.R. Please sign up 1:30-3:30- Alsum Farmer's Market-SA Parking Lot 3:00 -Rosary-Chapel 3:30 -Eucharistic Adoration-Chapel	20 9:00am - Morning Stretch-W.C. 9:30- Mass-Chapel 10:00- Coffee and Conversation-Café 11am -Lower Body Strength-W.C. 12:00 10th Anniversary Cookout! 1pm-Chair Yoga-wc 2pm-Work on Balance -W.C. 2PM -Root Beer Floats-café/courtyard 2:00 -Cribbage-SA L.R. 3:00 -Rosary-Chapel 5:30- Euchre -SA DR 6:30-7:30 - Waunakee Band-Courtyard 10 Year Main Street/Assisted Living Anniversary Celebration !	21 9:00am -Breathing Meditation-W.C. 10:45 -Bible Study-AL Activity Room 11am -Full Body Strength-W.C. 12:30 -Bridge-SA L.R. 1pm-Chair Yoga-W.C 1pm-3pm -Joanne's Painting class-SA D.R.Please sign up 1:30 -Rummikub-SA D.R. 2pm-Work on Balance-W.C 3:00 -Rosary-Chapel	22 3:00 -Rosary-Chapel 4pm -Mass-Chapel 5pm -Mass –SA Chapel

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23 12:45-3 Mah Jongg-Café 1pm-Rummikub-SA Dining Rm. 3pm-Rosary-Chapel 5:30 -Euchre-SA Dining Room	24 11am -Upper Body Strength-Wellness Center 1pm-Chair Yoga-W.C 1pm-Pinochle-SA D.R. 1:30 -All Saints Singers-T.S. 2pm-Advanced Cardio-W.C. 3:00 -Rosary-Chapel	25 9:00- Morning stretch-W.C. 9:15 -Bus leaves for Pontoon Boat Rides. Please sign up 10:00- Mass-SA Chapel 11:00 -Lower Body Strength-W.C. 12:30 -Bridge-SA LR 1pm-Chair Yoga-W.C 1:30 -Wii Bowling-Community Room 2:00 -Work On Balance-W.C. Happy Birthday Sr. Connie! #317	26 9:30 -Mass- Chapel 10:00- Coffee and Conversation-Café 12:45-3 Mah Jongg-MS D.R. 1pm -500 and Sheepshead-SADR 1:15 Bible Study – SA LR 3:00 -Rosary-Chapel 3:30 -Eucharistic Adoration-Chapel Happy Birthday Sally! #207	27 9:00am - Morning Stretch-W.C. 9:30- Mass-Chapel 10:00- Coffee and Conversation-Café 11am -Lower Body Strength-W.C. 1pm-Chair Yoga-wc 2pm-Work on Balance -W.C. 2:00 -Cribbage-SA L.R. 3:00 -Rosary-Chapel 3:30- Tim Doctor music-C.R. 5:30- Euchre -SA DR	28 9:00am -Breathing Meditation-W.C. 10:45 -Bible Study-AL Activity Room 11am -Full Body Strength-W.C. 12:30 -Bridge-SA L.R. 1pm-Chair Yoga-W.C 1pm-3pm -Joanne's Painting class-SA D.R.Please sign up 1:30 -Rummikub-SA D.R. 2pm-Work on Balance-W.C 3:00 -Rosary-Chapel 3:30 -Happy Hour-Cafe	29 3:00 -Rosary-Chapel 4pm -Mass-Chapel 5pm -Mass –SA Chapel

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30 12:45-3 Mah Jongg-Café 1pm-Rummikub-SA Dining Rm. 3pm-Rosary-Chapel 5:30 -Euchre-SA Dining Room	31 11am -Upper Body Strength-Wellness Center 12:45 -Bus picks up All Saints Singers to go sing at Adult Day Center 1pm-Chair Yoga-W.C 1pm-Pinochle-SA D.R. 2pm-Advanced Cardio-W.C. 3:00 -Rosary-Chapel	1	2	3	4	5