

June 2026			July 2026			
			Main Street Apartments			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 <u>Key:</u> Wellness Center - W.C. Dining Room -D.R. Living Room -L.R. Community Room - C.R. Senior Apartments - S.A. Assisted Living - A.L. Town Square -T.S- (By grand piano) <u>Activity Sign up:</u> Marissa 827-2222 mspahn@elderspan.com Cyndi 827-3535 Cyndi@elderspan.com	29 Senior Apartments mini grocery store: Floor B Hours M-F 9:30-11:30 and 2-4	30 <u>Activity Sign up:</u> Marissa 827-2222 mspahn@elderspan.com Cyndi 827-3535 Cyndi@elderspan.com	1 9:30 -Mass- Chapel <u>9:30</u> Knot Just Knitters-SA D.R. 10:00- Coffee and Conversation-Café 10:30-1 -Kaden is in SA for wellness sign ups <u>12:45-3</u> Mah Jongg-MS D.R. 1pm -500 and Sheepshead-SADR 1:15 Bible Study – SA LR 3:00 -Rosary-Chapel 3:30 -Eucharistic Adoration-Chapel *New Library Books Come Today	2 9:30- Mass-Chapel <u>10:00-</u> Coffee and Conversation-Café 11-2 -Kaden in SA for sign ups/help with Cookout <u>12:00</u> -July Birthday Ice Cream Sundae Bar at lunch <u>12:00</u> -4 th of July Cookout-SA Patio- Please Sign up <u>2pm</u> -Patriotic Bingo-Cafe <u>2:00</u> -Cribbage-SA L.R. <u>3:00</u> -Rosary-Chapel <u>3:30</u> -Main Street Tenant America 250th Happy Hour-Café <u>5:30-</u> Euchre- SA DR	3 10:45 -Bible Study-AL Activity Room 11:30- Pick up your lunch at the Cafe <u>12:30</u> -Bridge-SA L.R. <u>3:00</u> -Rosary-Chapel <u>4pm</u> -Rummikub-SA D.R. The office is closed today. There are no wellness classes today. Happy Birthday Pat M! #407	4 3:00 -Rosary-Chapel <u>4pm</u> -Mass-Chapel <u>5pm</u> -Mass –SA Chapel

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5 <u>12:45-3</u> Mah Jongg-Café <u>1pm</u> - Rummikub-SA Dining Rm. <u>3pm</u> -Rosary-Chapel <u>5:30</u> -Euchre-SA Dining Room	6 <u>10am</u> - Coloring and Coffee-SA D.R. 11am -Upper Body Strength-Wellness Center <u>12:45</u> -Friends of Bill W-SA Private D.R. <u>1pm</u> -Chair Yoga-W.C <u>1pm</u> -Pinochle-SA D.R. <u>1:30</u> -Patriotic Sing Along-Town Square <u>2pm</u> -Advanced Cardio-W.C. <u>3:00</u> -Rosary-Chapel	7 <u>9am</u> -Bus leaves for Monroe to Cheesemaking Museum-Please sign up <u>9:00</u> - Morning stretch-W.C. 10:00- Mass-SA Chapel 11:00 -Lower Body Strength-W.C. 12:30 -Bridge-SA LR <u>1pm</u> -Chair Yoga-W.C 1:30 -Wii Bowling-Community Room 2:00 -Work On Balance-W.C.	8 9:00am -Breathing & Meditation-W.C. 9:30 -Mass- Chapel <u>10:00-</u> Coffee and Conversation-Café 11am -Upper Body Strength-WC <u>12:45-3</u> Mah Jongg-MS D.R. <u>1pm</u> Chair Yoga-WC 1pm -500 and Sheepshead-SADR 1:15 Bible Study – SA LR <u>2pm</u> -Advanced Cardio-W.C 3:00 -Rosary-Chapel 3:30 -Eucharistic Adoration-Chapel	9 9:00am - Morning Stretch-W.C. 9:30- Mass-Chapel <u>10:00-</u> Coffee and Conversation-Café 11am -Lower Body Strength-W.C. 1pm -Chair Yoga-wc <u>2pm</u> -Work on Balance -W.C. 2:00 -Cribbage-SA L.R. 2:30 -Wine/cheese on the SA Patio 3:00 -Rosary-Chapel <u>3:30-</u> Tim Doctor Music-C.R. 5:30- Euchre -SA DR 6:10 -Bus leaves to see Capital City Band at Renebohm Park-Please sign up	10 9:00am -Breathing Meditation-W.C. 9am -Donuts and Coffee-SA D.R. 10:45 -Bible Study-AL Activity Room <u>11am</u> -Full Body Strength-W.C. <u>12:30</u> -Bridge-SA L.R. 1pm -Chair Yoga-W.C 2pm -Work on Balance-W.C 3:00 -Rosary-Chapel <u>4pm</u> -Rummikub-SA D.R.	11 3:00 -Rosary-Chapel <u>4pm</u> -Mass-Chapel <u>5pm</u> -Mass –SA Chapel

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12 <u>12:45-3</u> Mah Jongg-Café 1pm- Rummikub-SA Dining Rm. 3pm -Rosary-Chapel 5:30 -Euchre-SA Dining Room	13 11am -Upper Body Strength-Wellness Center <u>1pm</u> -Chair Yoga-W.C <u>1pm</u> -Pinochle-SA D.R. 1:30 -All Saints Singers-T.S. <u>2pm</u> -Advanced Cardio-W.C. 3:00 -Rosary-Chapel <u>3:30</u> -Garden Group-SA L.R.	14 <u>9:00</u> - Morning stretch-W.C. 10:00- Mass-SA Chapel 11:00 -Lower Body Strength-W.C. 12:30 -Bridge-SA LR <u>1pm</u> -Chair Yoga-W.C 1:30 -Wii Bowling-Community Room 2:00 -Work On Balance-W.C. <u>2pm</u> -Ice Cream Sundaes –SA Patio	15 9:00am -Breathing & Meditation-W.C. 9:30 -Mass- Chapel <u>9:30</u> Knot Just Knitters-SA D.R. 10:00- Coffee and Conversation-Café 11am -Upper Body Strength-WC 12:45-3 Mah Jongg-MS D.R. <u>1pm</u> Chair Yoga-WC 1pm -500 and Sheepshead-SADR 1:15 Bible Study – SA LR 1:30 -Technology Class with Joyce-AARP Please sign up 2-3:30 -Alsum Farmers Market-SA Parking lot <u>2pm</u> -Advanced Cardio-W.C 3:00 -Rosary-Chapel 3:30 -Eucharistic Adoration-Chapel	16 9:00am - Morning Stretch-W.C. 9:30- Mass-Chapel <u>10:00-</u> Coffee and Conversation-Café 11am -Lower Body Strength-W.C. 1pm -Chair Yoga-wc <u>2pm</u> -Work on Balance -W.C. 2:00 -Cribbage-SA L.R. 2pm -Kooking with Kaden-SA D.R.- Please sign up 3:00 -Rosary-Chapel 3:30- Main Street Tenant Happy Hour-Cafe 5:30- Euchre -SA DR 6:30 -Larry Busch Band-Courtyard	17 9:00am -Breathing Meditation-W.C. 10:45 -Bible Study-AL Activity Room <u>11am</u> -Full Body Strength-W.C. <u>12:30</u> -Bridge-SA L.R. 1pm -Chair Yoga-W.C 2pm -Work on Balance-W.C 3:00 -Rosary-Chapel <u>4pm</u> -Rummikub-SA D.R.	18 3:00 -Rosary-Chapel <u>4pm</u> -Mass-Chapel <u>5pm</u> -Mass –SA Chapel

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19 <u>12:45-3</u> Mah Jongg-Café 1pm- Rummikub-SA Dining Rm. 3pm -Rosary-Chapel 5:30 -Euchre-SA Dining Room	20 11am -Upper Body Strength-Wellness Center <u>1pm</u> -Chair Yoga-W.C <u>1pm</u> -Pinochle-SA D.R. 2pm -Advanced Cardio-W.C. <u>2pm</u> -Jerry Burns Music-Gospel/Blue Grass-Town Square <u>3:00</u> -Rosary-Chapel Happy Birthday Paul B! #217	21 <u>9:00</u> - Morning stretch-W.C. 10:00- Mass-SA Chapel 11:00 -Lower Body Strength-W.C. 12:30 -Bridge-SA LR <u>1pm</u> -Chair Yoga-W.C 1:30 -Wii Bowling-Community Room 2:00 -Work On Balance-W.C. <u>4pm</u> -Eccumennical Service-C.R.-All are welcome!! Happy Birthday Maggie! #308	22 9:00am -Breathing & Meditation-W.C. 9:30 -Mass- Chapel <u>10:00-</u> Coffee and Conversation-Café 11am -Upper Body Strength-WC 12:45-3 Mah Jongg-MS D.R. <u>1pm</u> Chair Yoga-WC 1pm -500 and Sheepshead-SADR 1:15 Bible Study – SA LR <u>2pm</u> -Advanced Cardio-W.C 2pm -Magnet Craft-SA D.R. 3:00 -Rosary-Chapel 3:30 -Eucharistic Adoration-Chapel Welcome to All Saints Margaret and Alan! #212	23 9:00am - Morning Stretch-W.C. 9:30- Mass-Chapel <u>10:00-</u> Coffee and Conversation-Café 11am -Lower Body Strength-W.C. 12:05 -Bus leaves for Mallards Game- Please sign up 1pm -Chair Yoga-wc <u>2pm</u> -Work on Balance -W.C. 2:00 -Cribbage-SA L.R. 3:00 -Rosary-Chapel <u>5:30-</u> Euchre -SA DR	24 9:00am -Breathing Meditation-W.C. 9am -Yogurt Bar-SA D.R. 10:45 -Bible Study-AL Activity Room <u>11am</u> -Full Body Strength-W.C. <u>12:30</u> -Bridge-SA L.R. 1pm -Chair Yoga-W.C 2pm -Trivia-Please sign up 2pm -Work on Balance-W.C 3:00 -Rosary-Chapel <u>4pm</u> -Rummikub-SA D.R.	25 3:00 -Rosary-Chapel <u>4pm</u> -Mass-Chapel <u>5pm</u> -Mass –SA Chapel

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Main Street Apartments						
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26 <u>12:45-3</u> Mah Jongg-Café 1pm- Rummikub-SA Dining Rm. 3pm -Rosary-Chapel 5:30 -Euchre-SA Dining Room	27 11am -Upper Body Strength-Wellness Center <u>1pm</u> -Chair Yoga-W.C <u>1pm</u> -Pinochle-SA D.R. 1:30 -All Saints Singers-T.S. <u>2pm</u> -Advanced Cardio-W.C. <u>3:00</u> -Rosary-Chapel	28 <u>9:00</u> - Morning stretch-W.C. 10:00- Mass-SA Chapel 11:00 -Lower Body Strength-W.C. 12:30 -Bridge-SA LR <u>1pm</u> -Chair Yoga-W.C 1:30 -Wii Bowling-Community Room 2:00 -Work On Balance-W.C. Happy Birthday Carol R! #209	29 9:00am -Breathing & Meditation-W.C. 9:30 -Mass- Chapel <u>10:00-</u> Coffee and Conversation-Café 11am -Upper Body Strength-WC 12:45-3 Mah Jongg-MS D.R. <u>1pm</u> Chair Yoga-WC 1pm -500 and Sheepshead-SADR 1:15 Bible Study – SA LR <u>2pm</u> -Advanced Cardio-W.C 2-3:30 -Alsum Famer's Market-SA Parking Lot 3:00 -Rosary-Chapel 3:30 -Eucharistic Adoration-Chapel Happy Birthday Nancy S! #419	30 9:00am - Morning Stretch-W.C. 9:30- Mass-Chapel <u>10:00-</u> Coffee and Conversation-Café 11am -Lower Body Strength-W.C. 1pm -Chair Yoga-wc <u>2pm</u> -Work on Balance -W.C. 2:00 -Cribbage-SA L.R. 2pm -Stt. Maria Goretti Parishoner get together with Fr. Kushhamba-C.R.- Please RSVP to Marissa 3:00 -Rosary-Chapel 5:30- Euchre -SA DR 5:30 -Bus leaves for music in Waunakee-Please sign up	31 9:00am -Breathing Meditation-W.C. 9:30- Book Club-SA L.R. 10:45 -Bible Study-AL Activity Room <u>11am</u> -Full Body Strength-W.C. <u>12:30</u> -Bridge-SA L.R. 1pm -Chair Yoga-W.C 2pm -Work on Balance-W.C 3:00 -Rosary-Chapel <u>4pm</u> -Rummikub-SA D.R. 4PM Main Street Apartment Eve of 10 year Anniversary- Happy Hour!-Café	1 3:00 -Rosary-Chapel <u>4pm</u> -Mass-Chapel <u>5pm</u> -Mass –SA Chapel Happy 10 Year Anniversary Main Street Apartments!!!