

March 2026

April 2026

Main Street Apartments

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|--|---|---|
| 29 Key: Wellness Center - W.C. Dining Room - D.R. Living Room -L.R. Community Room -C.R. Senior Apartments - S.A. Assisted Living - A.L. Town Square - T.S- (By grand piano) | 30 Senior Apartments mini grocery store: Floor B Hours M-F 9:30-11:30 and 2-4 | 31 Activity Sign up: Marissa 827-2222 mspahn@elderspan.com Cyndi 827-3535 Cyndi@elderspan.com | 1 9:00am -Breathing & Meditation-W.C. 9:30 -Mass- Chapel 9:30 -Knot Just Knitters-SA D.R. 10:00-NO. Coffee and Conversation Today 11am -Upper Body Strength-WC 12:45-3 Mah Jongg-MS D.R. 1pm Chair Yoga 1pm-500 and Sheepshead-SADR 1:15 Bible Study -SA LR 2pm -Advanced Cardio-W.C 3:00 -Rosary-Chapel 3:30 -Eucharistic Adoration-Chapel Happy Birthday JoAnne S! #411 Library Books Come Today | 2 9:00am - Morning Stretch-W.C. No Mass Today 10:45 -Bible Study-AL Activity Room 11am -Lower Body Strength-W.C. 1pm -Chair Yoga-wc 2pm -Work on Balance -W.C. 2:00 -Cribbage-SA L.R. Please sign up 3:00 -Rosary-Chapel. 5:30- Euchre -SA DR Happy Birthday Jeanne P! #205 Cyndi Out of the Office 4/1, 4/2 and 4/3 | 3 9:00am -Breathing Meditation-W.C. 11am -Full Body Strength-W.C. 11am -Stations of the Cross-Chapel 12:30 -Bridge-SA L.R. 1pm -Chair Yoga-W.C 2pm -Work on Balance-W.C 3:00 -Rosary-Chapel 4pm -Rummikub-SA D.R. | 4 3:00 -Rosary-Chapel No Mass |

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| 5 9:30- Mass-MS Chapel 10am —Mass-SA Chapel 12:45-3 Mah Jongg-Café 1pm-Rummikub-SA Dining Rm. 3pm -Rosary-Chapel 5:30 -Euchre-SA Dining Room | 6 10am -Coloring and Coffee-SA L.R. 11am -Upper Body Strength-Wellness Center 1pm -Chair Yoga-W.C 1pm -Pinochle-SA D.R. 1:30 -Choir Practice-T.S. 2pm -Advanced Cardio-W.C. 3:00 -Rosary-Chapel | 7 9:00- Morning stretch-W.C. 9:35 -Bus leaves for Kelsch Museum-Please sign up 10:00- Mass-SA Chapel 11:00 -Lower Body Strength-W.C. 12:30 -Bridge-SA LR 1pm -Chair Yoga-W.C 1:30 -Wii Bowling-Community Room 2pm -Mike Thomsen speaker introduces Senior Planet-C.R. 2:00 -Work On Balance-W.C. 3:00 -Rosary-Chapel 3:30 -Happy Hour-National Beer Day!-Café | 8 9:00am -Breathing & Meditation-W.C. 9:30 -Mass- Chapel 10:00- Coffee and Conversation-Café 11am -Upper Body Strength-WC 12:45-3 Mah Jongg-MS D.R. 1pm Chair Yoga-WC 1pm -500 and Sheepshead-SADR 1:15 Bible Study - SA LR 2pm -Advanced Cardio-W.C 3:00 -Rosary-Chapel 3:30 -Eucharistic Adoration-Chapel Happy Birthday Fritz T! #218 | 9 9:00am - Morning Stretch-W.C. 9:30- Mass-Chapel 10:00- Coffee and Conversation-Café 11am -Lower Body Strength-W.C. 1pm -Chair Yoga-wc 2pm -Work on Balance -W.C. 2:00 -Cribbage-SA L.R. 3:00 -Rosary-Chapel 5:30- Euchre -SA DR Happy Birthday Char B! #217 | 10 9:00am -Breathing Meditation-W.C. 9am- Donuts-SA D.R. 10:45 -Bible Study-AL Activity Room 11am -Full Body Strength-W.C. 12:00 -Birthday Cake for April birthdays 12:30 -Bridge-SA L.R. 1pm -Chair Yoga-W.C 2pm -Work on Balance-W.C 2pm -Carolyn Wehrner-Piano-T.S. 3:00 -Rosary-Chapel 4pm -Rummikub-SA D.R. | 11 3:00 -Rosary-Chapel 4pm -Mass-Chapel 5pm -Mass -SA Chapel |

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| 12 12:45-3 Mah Jongg-Café 1pm-Rummikub-SA Dining Rm. 3pm -Rosary-Chapel 5:30 -Euchre-SA Dining Room | 13 11am -Upper Body Strength-Wellness Center 12-3 Giveaway Table-SA L.R. 1pm -Chair Yoga-W.C 1pm -Pinochle-SA D.R. 2pm -Advanced Cardio-W.C. 2pm -Presentation "Finding Awe in Dane County Parks"-C.R. 3:00 -Rosary-Chapel 3:30 - Garden Group Mtg. SA L.R. | 14 9:00- Morning stretch-W.C. 10:00- Mass-SA Chapel 11:00 -Lower Body Strength-W.C. 12:30 -Bridge-SA LR 1pm -Chair Yoga-W.C 1:30 -Wii Bowling-Community Room 2:00 -Work On Balance-W.C. 2:30 -April Social- SA D.R. 3:00 -Rosary-Chapel | 15 9:00am -Breathing & Meditation-W.C. 9:30 -Mass- Chapel St James Kids at mass today 9:30 -Knot Just Knitters-SA D.R. 10:00- Coffee and Conversation-Café 11am -Upper Body Strength-WC 12:45-3 Mah Jongg-MS D.R. 1pm Chair Yoga-WC 1pm -500 and Sheepshead-SADR 1:15 Bible Study - SA LR 2pm -Advanced Cardio-W.C 2pm -Bingo-Cafe 3:00 -Rosary-Chapel 3:30 -Eucharistic Adoration-Chapel | 16 9:00am - Morning Stretch-W.C. 9:30- Mass-Chapel 10:00- Coffee and Conversation-Café 11am -Lower Body Strength-W.C. 1pm -Chair Yoga-wc 2pm -Work on Balance -W.C. 2:00 -Cribbage-SA L.R. 2pm -Kooking with Kaden-Please sign up 3:00 -Rosary-Chapel 5:30 - Euchre -SA DR 5:30 -Bus leaves for Adler's and Verona for "Head Over Heels "-Please sign up 7PM -DISSO Strings Music -T.S. Statewide Tornado Drill | 17 9:00am -Breathing Meditation-W.C. 9:30 -Yogurt Bar-SA D.R. 10:45 -Bible Study-AL Activity Room 11am -Full Body Strength-W.C. 12:30 -Bridge-SA L.R. 1pm -Chair Yoga-W.C 2pm -Work on Balance-W.C 3:00 -Rosary-Chapel 4pm -Rummikub-SA D.R. | 18 3:00 -Rosary-Chapel 4pm -Mass-Chapel 5pm -Mass -SA Chapel |

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| 19 12:45-3 Mah Jongg-Café 1pm-Rummikub-SA Dining Rm. 3pm -Rosary-Chapel 5:30 -Euchre-SA Dining Room | 20 11am -Upper Body Strength-Wellness Center 12pm -Volunteer Lunch-Please sign up-SA D.R. 1pm -Chair Yoga-W.C 1pm -Pinochle-SA D.R. 2pm -Advanced Cardio-W.C. 3:00 -Rosary-Chapel | 21 9:00- Morning stretch-W.C. 10:00- Mass-SA Chapel 11:00 -Lower Body Strength-W.C. 12:30 -Bridge-SA LR 1pm -Chair Yoga-W.C 1:30 -Wii Bowling-Community Room 2:00 -Work On Balance-W.C. 3:00 -Rosary-Chapel 4:00 Eccumenical Service-C.R. | 22 9:00am -Breathing & Meditation-W.C. 9:30 -Mass- Chapel 10:00- Coffee and Conversation-Café 11am -Upper Body Strength-WC 12:45-3 Mah Jongg-MS D.R. 1pm Chair Yoga-WC 1pm -500 and Sheepshead-SADR 1:15 Bible Study - SA LR 2pm -Advanced Cardio-W.C 2pm -Trivia-C.R.-Please sign up 3:00 -Rosary-Chapel 3:30 -Eucharistic Adoration-Chapel Happy Birthday Karil! #417 | 23 9:00am - Morning Stretch-W.C. 9:30- Mass-Chapel 10:00- Coffee and Conversation-Café 11am -Lower Body Strength-W.C. 1pm -Chair Yoga-wc 2pm -Work on Balance -W.C. 2:00 -Cribbage-SA L.R. 3:00 -Rosary-Chapel 5:30- Euchre -SA DR Happy Birthday Cyndi | 24 9:00am -Breathing Meditation-W.C. 9:30 -Book Club Mtg-SA L.R. 10:45 -Bible Study-AL Activity Room 11am -Full Body Strength-W.C. 12:05 -Bus leaves for Lunch at Eagle Inn, and Tower Rock Bakery- Please sign up 12:30 -Bridge-SA L.R. 1pm -Chair Yoga-W.C 2pm -Work on Balance-W.C 3:00 -Rosary-Chapel 4pm -Rummikub-SA D.R. | 25 3:00 -Rosary-Chapel 4pm -Mass-Chapel 5pm -Mass -SA Chapel Happy Birthday Dale! #310 |

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May 2026

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|---|--|---|---|--|---|--|
| 26 12:45-3 Mah Jongg-Café 1pm-Rummikub-SA Dining Rm. 3pm -Rosary-Chapel 5:30 -Euchre-SA Dining Room | 27 11am -Upper Body Strength-Wellness Center 1pm -Chair Yoga-W.C 1pm -Pinochle-SA D.R. 1:30 -Choir Practice-T.S. 2pm -Advanced Cardio-W.C. 3:00 - Orange Floats-SA D.R. 3:00 -Rosary-Chapel | 28 8:50 -Bus leaves for Janesville Rotary Garden tour and lunch-Please sign up. Tour is \$15 and you pay there. 9:00- Morning stretch-W.C. 10:00- Mass-SA Chapel 11:00 -Lower Body Strength-W.C. 12:30 -Bridge-SA LR 1pm -Chair Yoga-W.C 1:30 -Wii Bowling-Community Room 2:00 -Work On Balance-W.C. 3:00 -Rosary-Chapel | 29 9:00am -Breathing & Meditation-W.C. 9:30 -Mass- Chapel 10:00- Coffee and Conversation-Café 11am -Upper Body Strength-WC 12:45-3 Mah Jongg-MS D.R. 1pm Chair Yoga-WC 1pm -500 and Sheepshead-SADR 1:15 Bible Study - SA LR 2pm -Advanced Cardio-W.C 3:00 -Rosary-Chapel 3:30 -Eucharistic Adoration-Chapel | 30 9:00am - Morning Stretch-W.C. 9:30- Mass-Chapel 10:00- Coffee and Conversation-Café 11am -Lower Body Strength-W.C. 1pm -Chair Yoga-wc 2pm -Work on Balance -W.C. 2:00 -Cribbage-SA L.R. 3:00 -Rosary-Chapel 3:30 Tim Doctor Music-C.R. 5:30 - Euchre -SA DR | 1 9:00am -Breathing Meditation-W.C. 10:45 -Bible Study-AL Activity Room 11am -Full Body Strength-W.C. 12:30 -Bridge-SA L.R. 1pm -Chair Yoga-W.C 2pm -Work on Balance-W.C 3:00 -Rosary-Chapel 4pm -Rummikub- SA D.R. | 2 3:00 -Rosary-Chapel 4pm -Mass-Chapel 5pm -Mass -SA Chapel |