

## Main Street Apartments

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>27</b></p>	<p><b>28</b></p> <p><b>Activity Sign up:</b></p> <p>Marissa 827-2222  <a href="mailto:mspahn@elderspan.com">mspahn@elderspan.com</a></p> <p>Cyndi 827-3535  <a href="mailto:Cyndi@elderspan.com">Cyndi@elderspan.com</a></p> <p>Senior Apartments mini grocery store:            Floor B            Hours M-F 9:30-11:30 and 2-4</p>	<p><b>29</b></p> <p><b>Key:</b>  <b>Wellness Center-</b>            W.C.</p> <p><b>Dining Room-D.R.</b></p> <p><b>Living Room-L.R.</b></p> <p><b>Community Room-C.R.</b></p> <p><b>Senior Apartments-S.A.</b></p> <p><b>Assisted Living-A.L</b></p> <p><b>Town Square-T.S-</b>            (By grand piano)</p>	<p><b>30</b></p>	<p><b>1</b></p> <p><b>9:00am</b>-Morning Stretch-W.C.  <b>9:30</b>-Mass-Chapel  <b>10:00</b>-Coffee and Conversation-Cafe  <b>11am</b>-Lower Body Strength-W.C.  <b>1pm</b>-Chair Yoga  <b>2pm</b>-Work on Balance -W.C.  <b>2:00</b>-Cribbage-SA L.R.  <b>3:00</b>-Rosary-Chapel  <b>3:30</b>-Movie-Conclave-C.R.  <b>5:30</b>-Euchre-SA DR</p>	<p><b>2</b></p> <p><b>9:00am</b>-Breathing Meditation-W.C.  <b>10:45</b>-Bible Study-AL Activity Room  <b>11am</b>-Full Body Strength-W.C.  <b>12:00</b>-Cake to celebrate May birthdays  <b>12:30</b>-Bridge-SA L.R.  <b>1pm</b>-Chair Yoga-W.C  <b>2pm</b>-Monona Senior Center Singers-T.S.  <b>2pm</b>-Work on Balance-W.C  <b>3:00</b>-Rosary-Chapel  <b>3:30</b>-Movie-Seabiscuit-SA L.R.  <b>4pm</b>-Rummikub-SA D.R.</p>	<p><b>3</b></p> <p><b>3:00</b>-Rosary-Chapel  <b>4pm</b>-Mass-Chapel  <b>5pm</b>-Mass –SA Chapel</p>

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<p><b>4</b></p> <p><b>12:45-3</b> Mah Jongg-Café  <b>1pm</b>-Rummikub-SA Dining Rm.  <b>1pm</b>-Stoughton Dancers-SA Patio  <b>3pm</b>-Rosary-Chapel  <b>5:30</b>-Euchre-SA Dining Room</p>	<p><b>5</b></p> <p><b>11am</b>-Upper Body Strength-Wellness Center  <b>12:45</b>-Friends of Bill W-SA Private D.R.  <b>1pm</b>-Chair Yoga-W.C  <b>1pm</b>-Pinochle-SA D.R.  <b>2pm</b>-Advanced Cardio-W.C.  <b>3:00</b>-Rosary-Chapel  <b>3:30</b>-Happy Cinco De Mayo Happy Hour-Café</p>	<p><b>6</b></p> <p><b>9:00</b>-Morning stretch-W.C.  <b>10:00</b>-Mass-SA Chapel  <b>11:00</b>-Lower Body Strength-W.C.  <b>12:30</b>-Bridge-SA LR  <b>1pm</b>-Chair Yoga-W.C  <b>1:45</b>-Wii Bowling-Community Room  <b>2:00</b>-Work On Balance-W.C.  <b>3:00</b>-Rosary-Chapel</p> <p>Kodak sold it's first camera on this day in 1888            "Take your best shot" at our photo booth in Town Square 10-2</p> <p><b>Happy Birthday Tom G!</b></p>	<p><b>7</b></p> <p><b>9:00am</b>-Breathing &amp; Meditation-W.C.  <b>9:30</b>-Mass- Chapel  <b>9:30</b>-Knot Just Knitters-SA D.R.  <b>10:15</b> Great Courses-Civil War Lectures 43/44-C.R.  <b>11am</b>-Upper Body Strength-Wc  <b>12:45-3</b> Mah Jongg-Café  <b>1pm</b>Chair Yoga-  <b>1pm</b>-500 and Sheepshead-SADR  <b>1pm</b>-Arboretum tour and Chocolate Shop-Sign up with Cyndi or Marissa  <b>1:15</b> Bible Study – SA LR  <b>2pm</b>-Advanced Cardio-W.C  <b>3:00</b>-Rosary-Chapel  <b>3:30</b>-Eucharistic Adoration-Chapel</p>	<p><b>8</b></p> <p><b>9:00am</b>-Morning Stretch-W.C.  <b>9:30</b>-Mass-Chapel  <b>10:00</b>-Coffee and Conversation-Cafe  <b>11am</b>-Lower Body Strength-W.C.  <b>1pm</b>-Chair Yoga-  <b>2pm</b>-Work on Balance -W.C.  <b>2:00</b>-Cribbage-SA L.R.  <b>2:30</b>-Strawberry Ice Cream Sodas-SA D.R.  <b>3:00</b>-Rosary-Chapel  <b>5:30</b>-Euchre-SA DR</p> <p>*Main Street Garage gets cleaned today. Please have all cars out by 7am.</p>	<p><b>9</b></p> <p><b>9:00am</b>-Breathing Meditation-W.C.  <b>10am</b>-Mother's Day Brunch-SA D.R.-Please sign up with Cyndi or Marissa  <b>10:45</b>-Bible Study-AL Activity Room  <b>11am</b>-Full Body Strength-W.C.  <b>12:30</b>-Bridge-SA L.R.  <b>1pm</b>-Chair Yoga-W.C  <b>2pm</b>-Work on Balance-W.C  <b>2pm</b>-Military Spouse Day-Documentary-"I Married The War"-C.R.  <b>3:00</b>-Rosary-Chapel  <b>4pm</b>-Rummikub-SA D.R.</p>	<p><b>10</b></p> <p><b>3:00</b>-Rosary-Chapel  <b>4pm</b>-Mass-Chapel  <b>5pm</b>-Mass –SA Chapel</p>

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<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>12:45-3</b> Mah Jongg-Café <b>1pm</b> -Rummikub-SA Dining Rm. <b>3pm</b> -Rosary-Chapel <b>5:30</b> -Euchre-SA Dining Room	<b>11am</b> -Upper Body Strength-Wellness Center <b>12-3</b> Giveaway Table-SA L.R. <b>1pm</b> -Chair Yoga-W.C <b>1pm</b> -Pinochle-SA D.R. <b>2pm</b> -Advanced Cardio-W.C. <b>2pm</b> -Bingo-Cafe <b>3:00</b> -Rosary-Chapel	<b>9:00</b> -Morning stretch-W.C. <b>10:00</b> -Mass-SA Chapel <b>11:00</b> -Lower Body Strength-W.C. <b>12:30</b> -Bridge-SA LR <b>1pm</b> -Chair Yoga-W.C <b>1:45</b> -Wii Bowling-Community Room <b>2:00</b> -Work On Balance-W.C. <b>2:30</b> -Ice Cream Sundae Bar-Cafe <b>3:00</b> -Rosary-Chapel <b>3:15</b> - Movie "The Piano" –C.R.	<b>9:00am</b> -Breathing & Meditation-W.C. <b>9:30</b> -Mass- Chapel <b>10:15</b> Great Courses-Civil War Lectures 45/46-C.R. <b>11am</b> -Upper Body Strength-Wc <b>12:45-3</b> Mah Jongg-Café <b>1pm</b> Chair Yoga-500 and Sheepshead-SADR <b>1:15</b> Bible Study – SA LR <b>2pm</b> -Advanced Cardio-W.C <b>3:00</b> -Rosary-Chapel <b>3:30</b> -Eucharistic Adoration-Chapel	<b>9:00am</b> -Morning Stretch-W.C. <b>9:30</b> -Mass-Chapel <b>10:00</b> -Coffee and Conversation-Cafe <b>11am</b> -Lower Body Strength-W.C. <b>1pm</b> -Chair Yoga- <b>1:30</b> -Carolyn Wehner Piano/Singing "Singing in the Rain" T.S <b>2pm</b> -Work on Balance -W.C. <b>2:00</b> -Cribbage-SA L.R. <b>3pm</b> -Fire Alarm TEST- <b>Brief</b> <b>3:00</b> -Rosary-Chapel <b>5:30</b> -Euchre-SA DR	<b>9:00am</b> -Breathing Meditation-W.C. <b>10:45</b> -Bible Study-AL Activity Room <b>11am</b> -Full Body Strength-W.C. <b>12:30</b> -Bridge-SA L.R. <b>1pm</b> -Chair Yoga-W.C <b>2pm</b> -Work on Balance-W.C <b>3:00</b> -Rosary-Chapel <b>4pm</b> -Rummikub-SA D.R.	<b>3:00</b> -Rosary-Chapel <b>4pm</b> -Mass-Chapel <b>5pm</b> -Mass –SA Chapel

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<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b><u>12:45-3</u></b> Mah Jongg-Café <b><u>1pm</u></b> -Rummikub-SA Dining Rm. <b><u>3pm</u></b> -Rosary-Chapel <b><u>5:30</u></b> -Euchre-SA Dining Room	<b><u>11am</u></b> -Upper Body Strength-Wellness Center <b><u>1pm</u></b> -Chair Yoga-W.C <b><u>1pm</u></b> -Pinochle-SA D.R. <b><u>2pm</u></b> -Advanced Cardio-W.C. <b><u>2pm</u></b> - Agrace Speaker-"Agrace 101"-SA L.R. <b><u>3:00</u></b> -Rosary-Chapel  Happy Birthday Ernie B!	<b><u>9:00</u></b> -Morning stretch-W.C. <b><u>10:00</u></b> -Mass-SA Chapel <b><u>10:45</u></b> -Bus picks up for lunch and Dells boat tour- Call Cyndi or Marissa to sign up <b><u>11:00</u></b> -Lower Body Strength-W.C. <b><u>12:30</u></b> -Bridge-SA LR <b><u>1pm</u></b> -Chair Yoga-W.C <b><u>1:45</u></b> -Wii Bowling-Community Room <b><u>2:00</u></b> -Work On Balance-W.C. <b><u>3:00</u></b> -Rosary-Chapel <b><u>4pm</u></b> -Eccumenical Service-C.R.	<b><u>9:00am</u></b> -Breathing & Meditation-W.C. <b><u>9:30</u></b> -Mass- Chapel <b><u>9:30</u></b> -Knot Just Knitters <b><u>10:15</u></b> Great Courses-Civil War Lectures 47/47-C.R. <b><u>11am</u></b> -Upper Body Strength-Wc <b><u>12:45-3</u></b> Mah Jongg-Café <b><u>1pm</u></b> Chair Yoga- <b><u>1pm</u></b> -Trivia-C.R. Please sign up with Cyndi or Marissa <b><u>1pm</u></b> -500 and Sheepshead-SADR <b><u>1:15</u></b> Bible Study – SA LR <b><u>2pm</u></b> -Advanced Cardio-W.C <b><u>2Pm</u></b> -Speaker Jerome Buhman-"Prior to the Friar" AL Activity Room <b><u>3:00</u></b> -Rosary-Chapel <b><u>3:30</u></b> -Eucharistic Adoration-Chapel	<b><u>9:00am</u></b> -Morning Stretch-W.C. <b><u>9:30</u></b> -Mass-Chapel <b><u>10:00</u></b> -Coffee and Conversation-Cafe <b><u>10:30</u></b> -Craft with St. James kids-C.R. <b><u>11am</u></b> -Lower Body Strength-W.C. <b><u>12:00</u></b> -Memorial Day Cookout-SA D.R.-Sign up with Marissa or Cyndi <b><u>1pm</u></b> -Chair Yoga- <b><u>2pm</u></b> -Work on Balance -W.C. <b><u>2:00</u></b> -Cribbage-SA L.R. <b><u>2:30</u></b> -Backyard games-Courtyard and Town Square <b><u>3:00</u></b> -Rosary-Chapel <b><u>5:30</u></b> -Euchre-SA DR	<b><u>9:00am</u></b> -Breathing Meditation-W.C. <b><u>10:45</u></b> -Bible Study-AL Activity Room <b><u>11am</u></b> -Full Body Strength-W.C. <b><u>12:30</u></b> -Bridge-SA L.R. <b><u>1pm</u></b> -Chair Yoga-W.C <b><u>2pm</u></b> -Work on Balance-W.C <b><u>2:45</u></b> -Kooking with Kaden-Café-Sign up with Cyndi, Marissa or Kaden <b><u>3:00</u></b> -Rosary-Chapel <b><u>4pm</u></b> -Rummikub-SA D.R.	<b><u>3:00</u></b> -Rosary-Chapel <b><u>4pm</u></b> -Mass-Chapel <b><u>5pm</u></b> -Mass –SA Chapel

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<p><b>25</b></p> <p><b>12:45-3</b> Mah Jongg-Café</p> <p><b>1pm</b>-Rummikub-SA Dining Rm.</p> <p><b>3pm</b>-Rosary-Chapel</p> <p><b>5:30</b>-Euchre-SA Dining Room</p>	<p><b>26</b></p> <p><b>1pm</b>-Pinochle-SA D.R.</p> <p><b>3:00</b>-Rosary-Chapel</p> <p>The Office is Closed Today.</p>	<p><b>27</b></p> <p><b>9:00</b>-Morning stretch-W.C.</p> <p><b>9:30</b>-Bus leaves for Timbavarti and lunch. Please sign up with Cyndi or Marissa</p> <p><b>10:00</b>-Mass-SA Chapel</p> <p><b>11:00</b>-Lower Body Strength-W.C.</p> <p><b>12:30</b>-Bridge-SA LR</p> <p><b>1pm</b>-Chair Yoga-W.C</p> <p><b>1:45</b>-Wii Bowling-Community Room</p> <p><b>2:00</b>-Work On Balance-W.C.</p> <p><b>3:00</b>-Rosary-Chapel</p>	<p><b>28</b></p> <p><b>9:00am</b>-Breathing &amp; Meditation-W.C.</p> <p><b>9:30</b>-Mass- Chapel</p> <p><b>10:15</b> Great Courses-</p> <p><b>11am</b>-Upper Body Strength-Wc</p> <p><b>12:45-3</b> Mah Jongg-Café</p> <p><b>1pm</b>Chair Yoga-</p> <p><b>1pm</b>-500 and Sheepshead-SADR</p> <p><b>1:15</b> Bible Study – SA LR</p> <p><b>2pm</b>-Advanced Cardio-W.C</p> <p><b>2pm</b>-Speaker from Stellar-W.C.</p> <p><b>3:00</b>-Rosary-Chapel</p> <p><b>3:30</b>-Eucharistic Adoration-Chapel</p>	<p><b>29</b></p> <p><b>9:00am</b>-Morning Stretch-W.C.</p> <p><b>9:30</b>-Mass-Chapel</p> <p><b>10:00</b>-Coffee and Conversation-Cafe</p> <p><b>11am</b>-Lower Body Strength-W.C.</p> <p><b>1pm</b>-Chair Yoga-</p> <p><b>2pm</b>-Work on Balance -W.C.</p> <p><b>2:00</b>-Cribbage-SA L.R.</p> <p><b>3:00</b>-Rosary-Chapel</p> <p><b>3:30</b>-Tim Doctor Music and Sing Along-C.R.</p> <p><b>5:30</b>-Euchre-SA DR</p>	<p><b>30</b></p> <p><b>9:00am</b>-Breathing Meditation-W.C.</p> <p><b>9:00</b>-Donuts and Coffee-SA D.R</p> <p><b>9:30</b>-Book Club Meeting-SA L.R.</p> <p><b>10:45</b>-Bible Study-AL Activity Room</p> <p><b>11am</b>-Full Body Strength-W.C.</p> <p><b>12:30</b>-Bridge-SA L.R.</p> <p><b>1pm</b>-Chair Yoga-W.C</p> <p><b>2pm</b>-Work on Balance-W.C</p> <p><b>3:00</b>-Rosary-Chapel</p> <p><b>4pm</b>-Rummikub-SA D.R.</p>	<p><b>31</b></p> <p><b>3:00</b>-Rosary-Chapel</p> <p><b>4pm</b>-Mass-Chapel</p> <p><b>5pm</b>-Mass –SA Chapel</p>