


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p style="text-align: center;">AUGUST 2024 Assisted Living Activity Calendar</p>				<p style="text-align: right;">1</p> <p>9:30 Mass 10:15 Stretch and Strength Exercise 10:45 Manicures 2:00 Happy Hour 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">2</p> <p>10:00 Stretch and Strength 10:45 Sunday Gospels Discussion Group 1:00 Walks (Weather Permitting) 2:00 Water War-National Water Balloon Day 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">3</p> <p>10:00 Stretch and Strength 10:30 Resistance Bands 10:45 Summer Hangman 2:00 Yahtzee 3:00 Rosary in the Chapel 4:00 Mass</p>
<p style="text-align: right;">4</p> <p>10:00 Stretch and Strength 10:30 Bunco 2:00 Adult Coloring 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">5</p> <p>10:00 Stretch and Strength 10:30 Rosary in the Activity Room 1:00 Walks (weather permitting) 2:00 Games 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">6</p> <p>10:00 Stretch & Strength Exercise 10:30 Resistance Bands 10:45 Spelling Bee 2:00 Bingo 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">7</p> <p>9:30 Mass 10:15 Stretch and Strength Exercise 10:45 Seashell Scavenger Hunt 2:00 Cards 3:00 Rosary in the Chapel 3:30 Eucharistic Adoration in the Chapel</p>	<p style="text-align: right;">8</p> <p>9:30 Mass 10:15 Stretch and Strength Exercise 10:45 Manicures 2:00 Happy Hour 3:00 Rosary in the Chapel 6:00-8:30 Outing to Rennebohm Park for Capitol City Band Concert</p>	<p style="text-align: right;">9</p> <p>10:00 Stretch and Strength 10:45 Sunday Gospels Discussion Group 1:30-2:30 Entertainment-Volunteer Robert on the Piano 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">10</p> <p>10:00 Stretch and Strength 10:30 Resistance Bands 10:45 Mixed Up Words 2:00 Air Fryer Smores 3:00 Rosary in the Chapel 4:00 Mass</p>
<p style="text-align: right;">11</p> <p>10:00 Stretch and Strength 10:30 Trivia Plaza 2:00 Life Stories 3:00 Rosary in the Chapel Happy Birthday! Rolлие R.</p>	<p style="text-align: right;">12</p> <p>10:00 Stretch and Strength 10:30 Rosary in the Activity Room 1:00 Walks (weather permitting) 2:00 Games 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">13</p> <p>10:00 Stretch & Strength 10:30 Resident Council 10:45 Resistance Bands 2:00 Bingo 3:00 Rosary in the Chapel Happy Birthday! Bill N.</p>	<p style="text-align: right;">14</p> <p>9:30 Mass 10:15 Stretch and Strength Exercise 10:45 Vera Our Four Legged Friend Comes to Visit 2:00 Cards 3:00 Rosary in the Chapel 3:30 Eucharistic Adoration in the Chapel 6:30-7:30 Courtyard Concert with Red Hot Jazz Band</p>	<p style="text-align: right;">15</p> <p>9:30 Mass 10:15 Stretch and Strength Exercise 10:45 Manicures 2:00 Happy Hour 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">16</p> <p>10:00 Stretch and Strength 10:45 Sunday Gospels Discussion Group 1:00 Walks (Weather Permitting) 2:00 National Rum Day! Serving Pina Colada's 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">17</p> <p>10:00 Stretch and Strength 10:30 Resistance Bands 10:45 Coffee and Conversation with Volunteers Gina & Noah 2:00 Massachusetts Day Trivia! 3:00 Rosary in the Chapel 4:00 Mass</p>
<p style="text-align: right;">18</p> <p>10:00 Stretch and Strength 10:30 Finish the Lyric 2:00 Patriotic Flower Centerpiece Craft for Family/Resident Party 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">19</p> <p>10:00 Stretch and Strength 10:30 Rosary in the Activity Room 1:00 Walks (weather permitting) 2:00 Games 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">20</p> <p>10:00 Stretch & Strength 10:30 Resistance Bands 10:45-3:00 Outing for Lunch at Christy's Landing & Scenic Drive 3:00 Rosary in the Chapel 4:00 Ecumenical Service Main Street Community Room Happy Birthday! Joe C.</p>	<p style="text-align: right;">21</p> <p>9:30 Mass 10:15 Stretch and Strength Exercise 10:45 Senior Citizen Superlatives 2:00 Cards 3:00 Rosary in the Chapel 3:30 Eucharistic Adoration in the Chapel</p>	<p style="text-align: right;">22</p> <p>9:30 Mass 10:15 Stretch and Strength Exercise 10:45 Manicures 2:00 Happy Hour 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">23</p> <p>10:00 Stretch and Strength 10:45 Sunday Gospels Discussion Group 1:00 Walks (Weather Permitting) 2:00 What National Park Am I? 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">24</p> <p>10:00 Stretch and Strength 10:30 Resistance Bands 10:45 9 Letter Word Game 2:00 Garbage Card Game 3:00 Rosary in the Chapel 4:00 Mass</p>
<p style="text-align: right;">25</p> <p>10:00 Stretch and Strength 10:30 LCR 2:00 Lemonade Social 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">26</p> <p>10:00 Stretch and Strength 10:30 Rosary in the Activity Room 1:00 Walks (weather permitting) 2:00 Games 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">27</p> <p>10:00 Stretch & Strength Noon – 1:30 Resident/Family Summer Party Noon-Serving Lunch Patriotic Music 12:30-1:30 by Shekinah King 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">28</p> <p>9:30 Mass 10:15 Stretch and Strength Exercise 10:45 Vera Our Four Legged Friend Comes to Visit 2:00 Cards 3:00 Rosary in the Chapel 3:30 Eucharistic Adoration in the Chapel</p>	<p style="text-align: right;">29</p> <p>9:30 Mass 10:15 Stretch and Strength Exercise 10:45 Manicures 2:00 Happy Hour 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">30</p> <p>10:00 Stretch and Strength 10:45 Sunday Gospels Discussion Group 1:00 Walks (Weather Permitting) 2:00 Craft-Sunflowers for Fall Centerpiece 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">31</p> <p>10:00 Stretch and Strength 10:30 Resistance Bands 10:45 Wordle 2:00 Making Trail Mix 3:00 Rosary in the Chapel 4:00 Mass</p>

Calendars are subject to change. Questions? Email Tammie Linscheid at tlinscheid@elderspan.com or Call 608-827-3407.