


March

April 2024

Main Street Apartments						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Key: Wellness Center- W.C. Dining Room- D.R. Living Room- L.R. Community Room-C.R. Senior Apartments- S.A. Assisted Living- A.L.	 1 12:45-Friends of Bill W.-S.A Private D.R. 3:00-Rosary-Chapel Happy Birthday JoAnne!	2 10am-Mass S.A. 1:00-Bridge-SA LR 1:45-Wii Bowling-Community Room 3:00-Rosary-Chapel Happy Birthday Jeanne!	3 9:30-Mass-Chapel 9:30-Knot Just Knitters-SA D.R. 10:15 Great Courses "Vietnam War" Lectures 1&2-C.R. 12:45-3 Mah Jongg-Café 1:15-Bible Study-SA L.R. 2:30-Ice Cream Sundaes-Please sign up-SA DR 3:00-Rosary-Chapel 3:30-Eucharistic Adoration-Chapel New Library Books Come Today	4 9:30-Mass-Chapel 12:00-Birthday Cake at noon meal to celebrate Our April Birthdays 3:00-Rosary-Chapel 3:30-Happy Hour-Cafe 5:15-Euchre-SA DR	5 3:00-Rosary-Chapel 3:30-Billy Holiday Documentary-SA L.R. Cyndi is off today.	6 3:00-Rosary-Chapel 4pm-Mass-Chapel 5pm-Mass -SA Chapel 7pm-Movie TBD SA L.R.

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7 12:45-3 Mah Jongg-Café 1pm-Rummikub-SA Dining Rm. 3pm-Rosary-Chapel 5:30-Euchre-SA Dining Room	8 11am-Upper Body Strength-Wellness Center 12-3-Giveaway Table -SA D.R. 1pm-Chair Yoga-W.C 2pm-Advanced Cardio-W.C. 3:00-Rosary-Chapel Cyndi is off today.	9 9:15am-Breathing and Meditation-W.C 10am-Mass S.A. 11am-Lower Body Strength-W.C. 1:00-Bridge-SA LR 1pm-Chair Yoga-W.C 1:45-Wii Bowling-Community Room 2pm-Work on Balance- W.C. 3:00-Rosary-Chapel	10 9:15am-Morning Stretch-W.C 9:30-Mass-Chapel 10am-Bus leaves for Mt. Horeb-Please sign up 10:15 Great Courses "Vietnam War" Lectures 3&4-C.R. 11am-Upper Body Strength-W.C. 12:45-3 Mah Jongg-Café 1pm-Chair Yoga-W.C 1:15-Bible Study-SA L.R. 2pm-Advanced Cardio-W.C 2pm-"Brain Health" Speaker from Encompass Health-C.R. 3:00-Rosary-Chapel 3:30-Eucharistic Adoration-Chapel	11 9:15am-Breathing and Meditation-W.C 9:30-Mass-Chapel 11am-Lower Body Strength-W.C. 1pm-Chair Yoga-W.C 2pm-Work on Balance -W.C. 2pm-Master's Golf Games and Party-Community Room and Cafe 3:00-Rosary-Chapel 5:15-Euchre-SA DR Wear Green Today!	12 9:00-Donuts/Coffee-SA D.R 9:15am-Morning Stretch-W.C 11am-Full Body Strength-W.C. 1pm-Chair Yoga-W.C 2pm-Larry Busch Trio-Town Square 2pm-Work on Balance-W.C 2pm-Larry Busch Trio-Town Square  3:00-Rosary-Chapel	13 3:00-Rosary-Chapel 4pm-Mass-Chapel 5pm-Mass -SA Chapel 7pm-Movie TBD SA L.R.

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14 12:45-3 Mah Jongg-Café 1pm-Rummikub-SA Dining Rm. 3pm-Rosary-Chapel 5:30-Euchre-SA Dining Room	15 11am-Upper Body Strength-Wellness Center 1pm-Chair Yoga-W.C 2pm-Advanced Cardio-W.C. 2:10-Bus leaves for the Stoughton Opera House-Please sign up 3:00-Rosary-Chapel	16 9:15am-Breathing and Meditation-W.C 10am-Mass S.A. 11am-Lower Body Strength-W.C. 1:00-Bridge-SA LR 1pm-Chair Yoga-W.C 1:45-Wii Bowling-Community Room 2pm-Work on Balance- W.C. 3:00-Rosary-Chapel 4pm-Ecumenical Service-C.R.	Pajama Day! 17 8:30-"Pancakes and Pajamas" Breakfast-SA DR please sign up 9:15am-Morning Stretch-W.C 9:30-Mass-Chapel 9:30-Knot Just Knitters-SA D.R. 10:15 Great Courses "Vietnam War" Lectures 5&6-C.R. 11am-Upper Body Strength-W.C. 12:45-3 Mah Jongg-Café 1pm-Chair Yoga-W.C 1:15-Bible Study-SA L.R. 2pm-Advanced Cardio-W.C 3:00-Rosary-Chapel 3:00-Movie and snacks!-"Harriet"-C.R. 3:30-Eucharistic Adoration-Chapel	18 9:15am-Breathing and Meditation-W.C 9:30-Mass-Chapel 11am-Lower Body Strength-W.C. 1pm-Chair Yoga-W.C 2pm-Work on Balance -W.C. 2pm-Trivia-C.R. 3:00-Rosary-Chapel 3:30-Happy Hour-cafe 5:15-Euchre-SA DR	19 9:15am-Morning Stretch-W.C 10:00-Agrace Speaker "Grief 101" SA D.R. 11am-Full Body Strength-W.C. 1pm-Chair Yoga-W.C 2pm-Work on Balance-W.C 2pm-Mini Foil Balloon Craft-SA D.R. Please sign up 3:00-Rosary-Chapel	20 3:00-Rosary-Chapel 4pm-Mass-Chapel 5pm-Mass -SA Chapel 7pm-Movie TBD SA L.R.

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21 12:45-3 Mah Jongg-Café 1pm-Rummikub-SA Dining Rm. 3pm-Rosary-Chapel 5:30-Euchre-SA Dining Room	22 11am-Upper Body Strength-Wellness Center 1pm-Chair Yoga-W.C 2pm-Advanced Cardio-W.C. 3:00-Rosary-Chapel 3pm-Ladies Pies!-Please sign up-SA D.R. Happy Birthday Kari!	23 9:15am-Breathing and Meditation-W.C 10am-Bus leaves for Ho Chunk-Please sign up 10am-Mass S.A. 11am-Lower Body Strength-W.C. 1:00-Bridge-SA LR 1pm-Chair Yoga-W.C 1:45-Wii Bowling-Community Room 2pm-Work on Balance- W.C. 3:00-Rosary-Chapel 3pm-Tim Doctor music-C.R. Happy Birthday Cyndi!	24 9:15am-Morning Stretch-W.C 9:30-Mass-Chapel 10:15 Great Courses "Vietnam War" Lectures 7&8-C.R. 11am-Upper Body Strength-W.C. 12:45-3 Mah Jongg-Café 1pm-Chair Yoga-W.C 1:15-Bible Study-SA L.R. 2pm-Advanced Cardio-W.C 2pm-Resident Meeting-C.R. 3:00-Rosary-Chapel 3:30-Eucharistic Adoration-Chapel	25 9:15am-Breathing and Meditation-W.C 9:30-Mass-Chapel 11am-Lower Body Strength-W.C. 1pm-Chair Yoga-W.C 2pm-Work on Balance -W.C. 2pm-Luau! Music with Bahama Bob-Cafe 3:00-Rosary-Chapel 5:15-Euchre-SA DR Happy Birthday Dale!	26 9am-Bus leaves for Milton House and lunch-Please sign up 9:15am-Morning Stretch-W.C 11am-Full Body Strength-W.C. 1pm-Chair Yoga-W.C 2pm-Work on Balance-W.C 2pm-Bird Painting-C.R. No sign up required ☺ Happy Audubon Day! 3:00-Rosary-Chapel	27 3:00-Rosary-Chapel 4pm-Mass-Chapel 5pm-Mass -SA Chapel 7pm-Movie TBD SA L.R.

April 2024

May 2024

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 12:45-3 Mah Jongg-Café 1pm-Rummikub-SA Dining Rm. 3pm-Rosary-Chapel 5:30-Euchre-SA Dining Room	29 11am-Upper Body Strength-Wellness Center 1pm-Chair Yoga-W.C 2pm-Advanced Cardio-W.C. 2pm-"the Secret History of Air Force One"-SA L.R. 3:00-Rosary-Chapel	30 9:15am-Breathing and Meditation-W.C 10am-Mass S.A. 11am-Lower Body Strength-W.C. 1:00-Bridge-SA LR 1pm-Chair Yoga-W.C 1:45-Wii Bowling-Community Room 2pm-Work on Balance- W.C. 3:00-Rosary-Chapel	1	2 Senior Apartments mini grocery store: Floor B Hours M-F 9:30-11:30 and 2-4	3 Key: Wellness Center- W.C. Dining Room- D.R. Living Room- L.R. Community Room-C.R. Senior Apartments- S.A. Assisted Living- A.L.	4