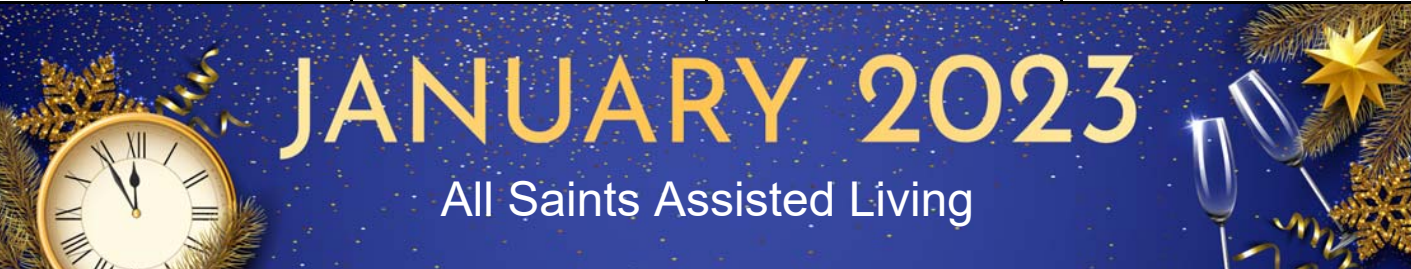


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">1</p> <p>Happy New Year!</p> <p>Happy Birthday! Charlotte S. <small>New Year's Day</small></p>	<p style="text-align: right;">2</p> <p>9:30 Exercise 10:00 It's Winter-Think Fast! 10:30 Rosary in the Activity Room 2:30 Qwirkle 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">3</p> <p>9:30 Exercise 10:00 Thera Band Strength Training 10:30 Aerobics for the Mind 2:00 Bingo 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">4</p> <p>9:00 Rosary in the Chapel 9:30 Mass 10:15 Exercise 10:45 What's on the Tray? 2:00 Snowflake Craft 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">5</p> <p>9:00 Rosary in the Chapel 9:30 Mass 10:15 Exercise 10:45 Manicures 2:30 Happy Hour 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">6</p> <p>9:30 Exercise 10:00 Thera Band Strength Training 10:30 Dominoes 2:00 Life Stories Board Game 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">7</p> <p>9:30 Exercise 10:00 Winter I Spy 2:00 Indoor Snowball Games 3:00 Rosary in the Chapel 4:00 Mass</p>
<p style="text-align: right;">8</p> <p>9:30 Exercise 10:00 Armchair Explorers 2:00 Nature Mandala 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">9</p> <p>9:30 Exercise 10:00 Suction Ball-Synonyms and Antonyms 10:30 Rosary in the Activity Room 2:30 Winter Make a Match Game 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">10</p> <p>9:30 Exercise 10:00 Thera Band Strength Training 10:30 Snowflakes-Word from Words 2:00 Bingo 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">11</p> <p>9:00 Rosary in the Chapel 9:30 Mass 10:15 Exercise 10:45 Bananagrams 2:00 Culinary Club-Dipped Sugar Wafers 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">12</p> <p>9:00 Rosary in the Chapel 9:30 Mass 10:15 Exercise 10:45 Manicures 2:30 Happy Hour 3:00 Rosary in the Chapel Happy Birthday! Irene R.</p>	<p style="text-align: right;">13</p> <p>9:30 Exercise 10:00 Thera Band Strength Training 10:15 Garbage Card Game 2:00 Bingo 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">14</p> <p>9:30 Exercise 10:00 Triviaplaza 2:00 Shut The Box 3:00 Rosary in the Chapel 4:00 Mass</p>
<p style="text-align: right;">15</p> <p>9:30 Exercise 10:00 9 Letter Word Game 2:00 Travel Video-Rick Steeves-China 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">16</p> <p>9:30 Exercise 10:00 Would you Rather...? 10:30 Rosary in the Activity Room 1:00 Un-Trim the Christmas Trees 2:30 Documentary Martin Luther King, Jr. Day 3:00 Rosary in the Chapel <small>Martin Luther King Jr. Day</small></p>	<p style="text-align: right;">17</p> <p>9:30 Exercise 10:00 Thera Band Strength Training 10:30 Creative Writing 2:00 Bingo 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">18</p> <p>9:00 Rosary in the Chapel 9:30 Mass 10:15 Exercise 10:45 Flip Cards Dice Game 2:00 Craft-Winter Village 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">19</p> <p>9:00 Rosary in the Chapel 9:30 Mass 10:15 Exercise 10:45 Manicures 2:30 Happy Hour 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">20</p> <p>9:30 Exercise 10:00 Thera Band Strength Training 10:30 Jeopardy 2:00 Piano Music with Volunteer Robert Auerbach 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">21</p> <p>9:30 Exercise 10:00 Chromino 2:00 Team Trivia 3:00 Rosary in the Chapel 4:00 Mass</p>
<p style="text-align: right;">22</p> <p>9:30 Exercise 10:30 Chinese New Year-Fortune Tell All! 2:00 Chinese Checkers 3:00 Rosary in the Chapel <small>Chinese New Year (Year of the Rabbit)</small></p>	<p style="text-align: right;">23</p> <p>9:30 Exercise 10:00 Winter Riddle Me This 10:30 Rosary in the Activity Room 2:00 Celebrating Activity Professionals Week with Paige and Tammie-Hot Cocoa Bar and Games 3:00 Rosary in the Chapel <small>Activity Professionals Week</small></p>	<p style="text-align: right;">24</p> <p>9:30 Exercise 10:00 Thera Band Strength Training 10:30 LCR Dice Game 1:30 Mass in the Chapel in honor of Catherine's 100th birthday 2:00 Open House- Happy 100th Birthday Party for Catherine S. 3:00 Rosary in the Chapel 6:30 Capitol Chordsmen Chorus in Town Square Happy 100th Birthday! Catherine S.</p>	<p style="text-align: right;">25</p> <p>9:00 Rosary in the Chapel 9:30 Mass 10:15 Exercise 10:45 Activity Professionals Word Unscramble 2:00 Culinary Club-Snow Day Snack Mix 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">26</p> <p>9:00 Rosary in the Chapel 9:30 Mass 10:15 Exercise 10:45 Manicures 2:30 Happy Hour 3:00 Rosary in the Chapel <small>Australia Day (observed)</small></p>	<p style="text-align: right;">27</p> <p>9:30 Exercise 10:00 Thera Band Strength Training 10:30 Lucky Dog Card Game 2:00 Celebrating National Hot Tea Month-How Well Do You Know the Activity Department? 3:00 Rosary in the Chapel</p>	<p style="text-align: right;">28</p> <p>9:30 Exercise 10:00 Triviaplaza 2:00 UNO Card Game 3:00 Rosary in the Chapel 4:00 Mass</p>
<p style="text-align: right;">29</p> <p>9:30 Exercise 10:00 Hangman Word Game 2:00 Matinee-Affair to Remember 3:00 Rosary in the Chapel Happy Birthday! Oradell N.</p>	<p style="text-align: right;">30</p> <p>9:30 Exercise 10:00 Winter Categories 10:30 Rosary in the Activity Room 2:30 Maple Seed Birds 3:00 Rosary in the Chapel 7:00 Entertainment with The VFW Band in TownSquare 1:00-3:00 Voting Deputies in Family Rooms for February Primary</p>	<p style="text-align: right;">31</p> <p>9:30 Exercise 10:00 Thera Band Strength Training 10:30 Roll-A-Snowman Dice Game TBD-Outing Marcus Point Cinema 3:00 Rosary in the Chapel</p>	 <p style="font-size: 2em; color: gold; font-weight: bold;">JANUARY 2023</p> <p style="font-size: 1.5em; color: white; font-weight: bold;">All Saints Assisted Living</p>			

Activity Professionals Week-January 23-29. Calendars are Subject to Change. Questions? Email Tammie Linscheid at tlinscheid@elderspan.com or call 608-827-3407