

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November Birthdays:


01 Richard Shauf 17 Bernie Gorman
04 Mary Walter 18 Fr. Tom Gillespie
07 Sandy Rohde 21 Julie O'Gara
08 Bob Faber 22 Donna Brown
09 Kathy Chandler 23 Laura Faber
11 Tom Hubl 26 Elizabeth Armstrong
12 Bob Reif 26 Jim Nordhaus
16 Lea Manthey 27 Jeanne Anderson
16 Deb Crowell 28 Mark Jeffries
30 Sue Broad

9:00 Flow Yoga/MSWC
10:00 Mass/SA
10:00 Chair Yoga/MSWC
10:30 Bowling/LR
11:00 Seated Hip Strength/MSWC
12:30 Bowling/L 12:45 Bridge/LR
1:00 Quiddler/DR
1:30 Strength & Motion/MSWC
2:30 Flow Yoga/MSWC
2:30 Rummikub/DR
3:00 Rosary/MSC
3:30 Movie/LR
7:00 Dimension in Sound/TS
PP PDR 3:00-7:00
inspections today

9:00 Fire Alarm Test
9:00 Flow Yoga/MSWC
9:00 Rosary/MSC 9:30 Mass/MSC
9:30 Knot Just Knitters/DR
10:00 Chair Yoga/MSWC
10:15 Golf/L
11:00 Back & Shoulder Health/MSWC
1:00 Sheephead/DR
1:15 Bible Study with Cheryl/LR
1:30 Balance & Hip Strength/MSWC
2:30 Flow Yoga/MSWC
2:30 Golf/L 3:00 Rosary/MSC
6:00 Dominoes/DR 7:30 Coloring Group/DR
6:45 UW Madison Wind Ensemble Outing
inspections today

9:00 Flow Yoga/MSWC
9:00 Rosary/MSC 9:30 Mass/MSC
9:30 Golf/L
10:00 Chair Yoga/MSWC
11:00 Seated Hip Strength/MSWC
12:30 Golf/L
1:00 500/DR
1:30 Strength & Motion/MSWC
2:15 Bowling/L
2:30 Flow Yoga/MSWC
3:00 Rosary/MSC
3:00 25 greatest natural wonders of the world/MSCR
5:30 Euchre/DR
inspections today

9:00 Flow Yoga/MSWC
10:00 Chair Yoga/MSWC
10:00 Bowling/L
11:00 Back & Shoulder Health/MSWC
12:45 Bridge/LR
1:30 Balance & Hip Strength/MSWC
2:30 Flow Yoga/MSWC
3:00 Rosary/MSC
4:00 Rummikub/DR

9:30 Coffee & Conversation/DR
3:00 Rosary/MSC
4:00 Mass/MSC
5:00 Mass/SA

PP DR 11:30-5:30

12:00 Bowling/LR
1:00 Rummikub/DR
3:00 Rosary/MSC
5:30 Euchre/DR

Daylight Saving Time Ends

9:30 Golf/L
10:00 Chair Yoga/MSWC
11:00 Back & Shoulder Health/MSWC
12:30 Bowling/L
1:00 Pinochle/DR 1:00 Mahjong/Café
1:00 AA meeting/PDR
1:30 Balance & Hip Strength/MSWC
2:00 Root Beer Floats/DR
2:30 Flow Yoga/MSWC
3:00 Rosary/MSC
3:00 Golf/L
6:00 Bingo/DR

9:00 Flow Yoga/MSWC
10:00 Mass/SA
10:00 Chair Yoga/MSWC
10:30 Bowling/LR
11:00 Seated Hip Strength/MSWC
12:30 Bowling/L 12:45 Bridge/LR
1:00 Quiddler/DR
1:30 Strength & Motion/MSWC
2:30 Flow Yoga/MSWC
2:30 Rummikub/DR
3:00 Rosary/MSC
3:30 Movie/LR
PP PDR 3:00-7:00

9:00 Flow Yoga/MSWC
9:00 Rosary/MSC 9:30 Mass/MSC
10:00 Chair Yoga/MSWC
10:15 Golf/L
11:00 Back & Shoulder Health/MSWC
11:00 Lunch and Historium tour outing
1:00 Sheephead/DR
1:00 Target/Pick 'N Save Shopping/MS
1:15 Bible Study with Cheryl/LR
1:30 Balance & Hip Strength/MSWC
2:30 Flow Yoga/MSWC
2:30 Golf/L 3:00 Rosary/MSC
6:00 Dominoes/DR 7:30 Coloring Group/DR

9:00 Flow Yoga/MSWC
9:00 Rosary/MSC 9:30 Mass/MSC
9:30 Golf/L
10:00 Chair Yoga/MSWC
11:00 Seated Hip Strength/MSWC
11:30 Brown Bag Lunch/DR
12:30 Golf/L
1:00 500/DR
1:30 Strength & Motion/MSWC
2:15 Bowling/L
2:30 Flow Yoga/MSWC
3:00 Rosary/MSC
5:30 Euchre/DR

9:00 Donuts & Coffee/DR
9:00 Flow Yoga/MSWC
10:00 Chair Yoga/MSWC
10:00 Bowling/L
11:00 Back & Shoulder Health/MSWC
12:45 Bridge/LR
1:30 Balance & Hip Strength/MSWC
2:30 Flow Yoga/MSWC
2:30 Veterans Program with the Monona Senior Center/TS
3:00 Rosary/MSC
4:00 Rummikub/DR
-Travel trunk available for viewing/MSCR
Veterans Day
Remembrance Day (Canada)

3:00 Rosary/MSC
4:00 Mass/MSC
5:00 Mass/SA

12:00 Bowling/LR
1:00 Rummikub/DR
3:00 Rosary/MSC
5:30 Euchre/DR

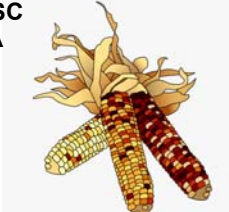
9:00 Book Club/LR
9:30 Golf/L
10:00 Chair Yoga/MSWC
11:00 Back & Shoulder Health/MSWC
12:00 Giveaway Table/LR
12:30 Bowling/L
1:00 Pinochle/DR 1:00 Mahjong/Café
1:00 AA meeting/PDR
1:30 Balance & Hip Strength/MSWC
2:30 Flow Yoga/MSWC
3:00 Rosary/MSC
3:00 Golf/L
6:00 Bingo/DR


9:00 Flow Yoga/MSWC
10:00 Mass/SA
10:00 Chair Yoga/MSWC
10:30 Bowling/LR
11:00 Seated Hip Strength/MSWC
12:30 Bowling/L 12:45 Bridge/LR
1:00 Quiddler/DR
1:30 Strength & Motion/MSWC
2:00 Trivia/MSCR
2:30 Flow Yoga/MSWC
2:30 Rummikub/DR
3:00 Rosary/MSC
4:30 Mix & Mingle/DR
PP PDR 3:00-7:00

9:00 Flow Yoga/MSWC
9:00 Rosary/MSC 9:30 Mass/MSC
9:30 Knot Just Knitters/DR
10:00 Chair Yoga/MSWC
10:15 Golf/L
11:00 Back & Shoulder Health/MSWC
1:00 Sheephead/DR
1:15 Bible Study with Cheryl/LR
1:30 Balance & Hip Strength/MSWC
2:30 Flow Yoga/MSWC
2:30 Golf/L 3:00 Rosary/MSC
6:00 Dominoes/DR 7:30 Coloring Group/DR
6:30 Game Night/Café

9:00 Flow Yoga/MSWC
9:00 Rosary/MSC 9:30 Mass/MSC
9:30 Golf/L
10:00 Chair Yoga/MSWC
11:00 Seated Hip Strength/MSWC
12:00 Thanksgiving Lunch/DR&LR
12:30 Golf/L
1:00 500/DR
1:30 Strength & Motion/MSWC
2:00 Hoo's Woods/ALAR
2:15 Bowling/L
2:30 Flow Yoga/MSWC
3:00 Rosary/MSC
4:00 Ecumenical Service/MSCR
5:00 Doo Wop Project Video/MSCR
5:30 Euchre/DR

9:00 Flow Yoga/MSWC
10:00 Chair Yoga/MSWC
10:00 Bowling/L
11:00 Back & Shoulder Health/MSWC
12:45 Bridge/LR
1:00 Stellar : Assistive Devices/DR
1:30 Balance & Hip Strength/MSWC
2:30 Flow Yoga/MSWC
3:00 Rosary/MSC
4:00 Rummikub/DR


1:30 Men of Blackhawk Church/ALAR
3:00 Rosary/MSC
4:00 Mass/MSC
5:00 Mass/SA


12:00 Bowling/LR
1:00 Rummikub/DR
3:00 Rosary/MSC
5:30 Euchre/DR


9:30 Golf/L
10:00 Chair Yoga/MSWC
11:00 Back & Shoulder Health/MSWC
12:30 Bowling/L
1:00 Pinochle/DR 1:00 Mahjong/Café
1:00 AA meeting/PDR
1:30 Balance & Hip Strength/MSWC
2:00 Thanksgiving Bingo/Café
2:30 Flow Yoga/MSWC
3:00 Rosary/MSC
3:00 Golf/L
6:00 Bingo/DR

9:00 Mens Breakfast/DR
9:00 Flow Yoga/MSWC
10:00 Mass/SA
10:00 Chair Yoga/MSWC
10:30 Bowling/LR
11:00 Seated Hip Strength/MSWC
12:30 Bowling/L 12:45 Bridge/LR
1:00 Quiddler/DR
1:30 Strength & Motion/MSWC
2:30 Flow Yoga/MSWC
2:30 Rummikub/DR
3:00 Rosary/MSC
3:30 Movie/LR
PP PDR 3:00-7:00

9:00 Flow Yoga/MSWC
9:00 Rosary/MSC 9:30 Mass/MSC
10:00 Chair Yoga/MSWC
10:15 Golf/L
11:00 Back & Shoulder Health/MSWC
1:00 Sheephead/DR
1:15 Bible Study with Cheryl/LR
1:30 Balance & Hip Strength/MSWC
2:30 Flow Yoga/MSWC
2:30 Golf/L 3:00 Rosary/MSC
6:00 Dominoes/DR 7:30 Coloring Group/DR

9:00 Rosary/MSC
9:30 Mass/MSC
9:30 Golf/L
12:30 Golf/L
1:00 500/DR
2:15 Bowling/L
3:00 Rosary/MSC
5:30 Euchre/DR

No wellness classes today
Office closed
Thanksgiving Day (US)

10:00 Bowling/L
12:45 Bridge/LR
2:00 Raime Magic/ALAR
3:00 Rosary/MSC
4:00 Rummikub/DR
No wellness classes today
Office closed

3:00 Rosary/MSC
4:00 Mass/MSC
5:00 Mass/SA

12:00 Bowling/LR
1:00 Rummikub/DR
3:00 Rosary/MSC
5:30 Euchre/DR

9:30 Golf/L
10:00 Chair Yoga/MSWC
11:00 Back & Shoulder Health/MSWC
12:30 Bowling/L
1:00 Pinochle/DR 1:00 Mahjong/Café
1:00 AA meeting/PDR
1:30 Balance & Hip Strength/MSWC
2:30 Flow Yoga/MSWC
3:00 Rosary/MSC
3:00 Golf/L
6:00 Bingo/DR

9:00 Flow Yoga/MSWC
10:00 Mass/SA
10:00 Chair Yoga/MSWC
10:30 Bowling/LR
11:00 Seated Hip Strength/MSWC
12:30 Bowling/L 12:45 Bridge/LR
1:00 Quiddler/DR
1:30 Strength & Motion/MSWC
2:00 Book Club/GH
2:30 Flow Yoga/MSWC
2:30 Rummikub/DR
3:00 Rosary/MSC
3:30 Movie/LR
PP PDR 3:00-7:00

9:00 Flow Yoga/MSWC
9:00 Rosary/MSC 9:30 Mass/MSC
10:00 Hilldale shopping and lunch
10:00 Chair Yoga/MSWC
10:15 Golf/L
11:00 Back & Shoulder Health/MSWC
1:00 Sheephead/DR
1:15 Bible Study with Cheryl/LR
1:30 Balance & Hip Strength/MSWC
2:00 Book Club/GH
2:00 Birthday Party/DR
2:30 Flow Yoga/MSWC
2:30 Golf/L 3:00 Rosary/MSC
6:00 Dominoes/DR 7:30 Coloring Group/DR

November 2022

All Saints Senior Apartments.