

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>07 Rita R 09 Patty N 11 Roland R</p> 	<p>09 Rosalie M 11 Madonna C 13 Jim H 16 Rob H 20 Pat L 20 Pat S 26 Marissa S 28 Sherry B</p>	<p><b>1</b> 9:00 Flow Yoga/MSWC 9:30 Golf/L 10:00 Chair Yoga/MSWC 11:00 Back &amp; Shoulder Health/MSWC 12:00 Giveaway Table/LR 12:30 Bowling/L 1:00 Pinochle/DR 1:00 Mahjong/Café 1:00 AA meeting/PDR 1:30 Balance &amp; Hip Strength/MSWC 3:00 Rosary/MSC 3:00 Golf/L 6:00 Bingo/DR</p> <p>Michelle Vacation</p>	<p><b>2</b> 9:00 Flow Yoga/MSWC 10:00 Mass/SA 10:00 Chair Yoga/MSWC 10:30 Bowling/LR 11:00 Seated Hip Strength/MSWC 12:30 Bowling/L 12:45 Bridge/LR 1:00 Quiddler/DR 1:30 Strength &amp; Motion/MSWC 2:30 Rummikub/DR 3:00 Rosary/MSC 3:30 Movie/LR 5:00 Waunakee Concert Outing PP PDR 3:00-7:00 PP DR 10:30-1:00 Michelle Vacation</p>	<p><b>3</b> 9:00 Fire Alarm Test 9:00 Flow Yoga/MSWC 9:00 Rosary/MSC 9:30 Mass/MSC 9:30 Knot Just Knitters/DR 10:00 Chair Yoga/MSWC 11:00 Back &amp; Shoulder Health/MSWC 12:50 Olbrich Blooming Butterflies 1:00 Sheephead/DR 1:30 Balance &amp; Hip Strength/MSWC 2:30 Golf/L 3:00 Rosary/MSC 6:00 Dominoes/DR 7:30 Coloring Group/DR</p> <p>Michelle Vacation</p>	<p><b>4</b> 9:00 Flow Yoga/MSWC 9:00 Rosary/MSC 9:30 Mass/MSC 9:30 Golf/L 10:00 Chair Yoga/MSWC 11:00 Seated Hip Strength/MSWC 12:30 Bowling/L 1:00 500/DR 1:30 Strength &amp; Motion/MSWC 2:15 Bowling/L 3:00 Feather River/TS 3:00 Rosary/MSC 5:30 Euchre/DR</p> <p>Michelle Vacation</p>	<p><b>5</b> 9:00 Flow Yoga/MSWC 10:00 Chair Yoga/MSWC 10:30 Nam Kim 'The Origins of Warfare' Presentation/LR 11:00 Back &amp; Shoulder Health/MSWC 12:30 Golf/L 12:45 Bridge/LR 1:30 Balance &amp; Hip Strength/MSWC 2:30 Bowling/L 3:00 Rosary/MSC 4:00 Rummikub/DR</p>
<p>12:00 Bowling/LR 1:00 Rummikub/DR 3:00 Rosary/MSC 5:30 Euchre/DR</p>	<p><b>7</b> 9:00 Book Club/LR 9:00 Flow Yoga/MSWC 9:30 Golf/L 10:00 Chair Yoga/MSWC 11:00 Back &amp; Shoulder Health/MSWC 12:30 Bowling/L 1:00 Shopping Trip/MS 1:00 Pinochle/DR 1:00 Mahjong/Café 1:00 AA meeting/PDR 1:30 Balance &amp; Hip Strength/MSWC 3:00 Rosary/MSC 3:00 Golf/L 6:00 Bingo/DR</p>	<p><b>8</b> 9:00 Flow Yoga/MSWC 10:00 Mass/SA 10:00 Chair Yoga/MSWC 10:30 Bowling/LR 11:00 Seated Hip Strength/MSWC 12:30 Bowling/L 12:45 Bridge/LR 1:00 Quiddler/DR 1:30 Strength &amp; Motion/MSWC 2:30 Rummikub/DR 3:00 Rosary/MSC 3:30 Movie/LR 6:30 Larry Bush Band/CY</p> <p>PP PDR 3:00-7:00</p>	<p><b>9</b> 9:00 Flow Yoga/MSWC 9:00 Rosary/MSC 9:30 Mass/MSC 10:00 Chair Yoga/MSWC 11:00 Back &amp; Shoulder Health/MSWC 1:00 Sheephead/DR 1:30 Balance &amp; Hip Strength/MSWC 2:30 Golf/L 3:00 Rosary/MSC 6:00 Dominoes/LR 6:30 Game Night/Café 7:30 Coloring Group/LR</p> <p>PP DR 4:00-8:00</p>	<p><b>10</b> 9:00 Flow Yoga/MSWC 9:00 Rosary/MSC 9:30 Mass/MSC 9:30 Golf/L 10:00 Chair Yoga/MSWC 11:00 Seated Hip Strength/MSWC 11:30 Brown Bag Lunch/DR 12:30 Bowling/L 1:00 500/DR 1:30 Strength &amp; Motion/MSWC 2:00 Trivia/MSCR 2:15 Bowling/L 3:00 Rosary/MSC 5:30 Euchre/DR</p>	<p><b>11</b> 9:00 Flow Yoga/MSWC 9:00 Rosary/MSC 9:30 Mass/MSC 9:30 Golf/L 10:00 Chair Yoga/MSWC 11:00 Seated Hip Strength/MSWC 11:30 Brown Bag Lunch/DR 12:30 Bowling/L 1:00 500/DR 1:30 Strength &amp; Motion/MSWC 2:00 Trivia/MSCR 2:15 Bowling/L 3:00 Rosary/MSC 5:30 Euchre/DR</p>	<p><b>12</b> 9:00 Donuts &amp; Coffee/DR 9:00 Flow Yoga/MSWC 10:00 Chair Yoga/MSWC 11:00 Back &amp; Shoulder Health/MSWC 12:30 Golf/L 12:45 Bridge/LR 1:30 Balance &amp; Hip Strength/MSWC 2:00 Sing a long/Chapel 2:30 Bowling/L 3:00 Rosary/MSC 3:00 Root Beer Floats (18<sup>th</sup> year anniversary)/Patio 4:00 Rummikub/DR</p> 
<p>12:00 Bowling/LR 1:00 Rummikub/DR 3:00 Rosary/MSC 5:30 Euchre/DR</p> 	<p><b>14</b> 9:00 Flow Yoga/MSWC 9:30 Golf/L 10:00 Chair Yoga/MSWC 11:00 Back &amp; Shoulder Health/MSWC 12:30 Bowling/L 1:00 Pinochle/DR 1:00 Mahjong/Café 1:00 AA meeting/PDR 1:30 Balance &amp; Hip Strength/MSWC 3:00 Rosary/MSC 3:00 Golf/L 6:00 Bingo/DR</p>	<p><b>15</b> 9:00 Flow Yoga/MSWC 10:00 Mass/SA 10:00 Chair Yoga/MSWC 10:30 Bowling/LR 11:00 Seated Hip Strength/MSWC 12:15 Madison Pontoon Ride 12:30 Bowling/L 12:45 Bridge/LR 1:00 Quiddler/DR 1:30 Strength &amp; Motion/MSWC 2:30 Rummikub/DR 3:00 Rosary/MSC 4:30 Mix &amp; Mingle/DR</p> <p>PP PDR 3:00-7:00</p>	<p><b>16</b> 9:00 Flow Yoga/MSWC 9:00 Rosary/MSC 9:30 Mass/MSC 9:30 Knot Just Knitters/DR 10:00 Chair Yoga/MSWC 11:00 Back &amp; Shoulder Health/MSWC 1:00 Sheephead/DR 1:15 Bible Study with Cheryl/LR 1:30 Balance &amp; Hip Strength/MSWC 2:30 Golf/L 3:00 Rosary/MSC 3:30 Movie-The Great Outdoors/MSCR 6:00 Dominoes/DR 7:30 Coloring Group/DR Vacation Memories Table/TS Marissa Vacation</p>	<p><b>17</b> 9:00 Flow Yoga/MSWC 9:00 Rosary/MSC 9:30 Mass/MSC 9:30 Golf/L 10:00 Chair Yoga/MSWC 11:00 Seated Hip Strength/MSWC 12:30 Bowling/L 1:00 500/DR 1:30 Fire Safety Talk/LR 1:30 Strength &amp; Motion/MSWC 2:15 Bowling/L 3:00 Rosary/MSC 4:00 Ecumenical Service/MSCR 5:30 Euchre/DR</p>	<p><b>18</b> 9:00 Flow Yoga/MSWC 9:00 Rosary/MSC 9:30 Mass/MSC 9:30 Golf/L 10:00 Chair Yoga/MSWC 11:00 Seated Hip Strength/MSWC 12:30 Bowling/L 1:00 500/DR 1:30 Fire Safety Talk/LR 1:30 Strength &amp; Motion/MSWC 2:15 Bowling/L 3:00 Rosary/MSC 4:00 Ecumenical Service/MSCR 5:30 Euchre/DR</p>	<p><b>19</b> 9:00 Flow Yoga/MSWC 9:30 College Shirt day and baked goods/DR 10:00 Chair Yoga/MSWC 11:00 Back &amp; Shoulder Health/MSWC 12:30 Golf/L 12:45 Bridge/LR 1:30 Balance &amp; Hip Strength/MSWC 2:30 Bowling/L 3:00 Rosary/MSC 4:00 Rummikub/DR</p>
<p>12:00 Bowling/LR 1:00 Rummikub/DR 3:00 Rosary/MSC 5:30 Euchre/DR</p>	<p><b>21</b> 9:00 Flow Yoga/MSWC 9:30 Golf/L 10:00 Chair Yoga/MSWC 10:30 ASL video/LR 11:00 Back &amp; Shoulder Health/MSWC 12:30 Bowling/L 1:00 Pinochle/DR 1:00 Mahjong/Café 1:00 AA meeting/PDR 1:30 Balance &amp; Hip Strength/MSWC 2:00 Popsicles on the Patio 3:00 Rosary/MSC 3:00 Golf/L 6:00 Bingo/DR</p>	<p><b>22</b> 9:00 Flow Yoga/MSWC 10:00 Mass/SA 10:00 Chair Yoga/MSWC 10:30 Bowling/LR 11:00 Seated Hip Strength/MSWC 12:30 Bowling/L 12:45 Bridge/LR 1:00 Garden Group Meeting/DR 1:00 Quiddler/DR 1:30 Strength &amp; Motion/MSWC 2:30 Rummikub/DR 3:00 Rosary/MSC 3:30 Movie/LR</p> <p>PP PDR 3:00-7:00</p>	<p><b>23</b> 9:00 Flow Yoga/MSWC 9:00 Rosary/MSC 9:30 Mass/MSC 10:00 Chair Yoga/MSWC 11:00 Back &amp; Shoulder Health/MSWC 12:00 Potluck/DR 1:00 Sheephead/DR 1:30 Balance &amp; Hip Strength/MSWC 2:00 Beach Day Bingo/Café 2:30 Golf/L 3:00 Rosary/MSC 6:00 Dominoes/DR 7:30 Coloring Group/DR</p>	<p><b>24</b> 9:00 Flow Yoga/MSWC 9:00 Rosary/MSC 9:30 Mass/MSC 9:30 Golf/L 10:00 Chair Yoga/MSWC 11:00 Seated Hip Strength/MSWC 12:30 Bowling/L 1:00 500/DR 1:30 Strength &amp; Motion/MSWC 2:15 Bowling/L 3:00 Rosary/MSC 5:30 Euchre/DR 6:15 Capitol City Band Outing</p>	<p><b>25</b> 9:00 Flow Yoga/MSWC 9:00 Rosary/MSC 9:30 Mass/MSC 9:30 Golf/L 10:00 Chair Yoga/MSWC 11:00 Seated Hip Strength/MSWC 12:30 Bowling/L 1:00 500/DR 1:30 Strength &amp; Motion/MSWC 2:15 Bowling/L 3:00 Rosary/MSC 5:30 Euchre/DR</p> <p>Marissa Vacation</p>	<p><b>26</b> 9:00 Flow Yoga/MSWC 10:00 Chair Yoga/MSWC 11:00 Back &amp; Shoulder Health/MSWC 12:30 Golf/L 12:45 Bridge/LR 1:30 Balance &amp; Hip Strength/MSWC 2:30 Bowling/L 3:00 Rosary/MSC 4:00 Rummikub/DR</p> 
<p>12:00 Bowling/LR 1:00 Rummikub/DR 3:00 Rosary/MSC 5:30 Euchre/DR</p>  <p>PP Patio 3:00-7:00</p>	<p><b>28</b> 9:00 Flow Yoga/MSWC 9:30 Golf/L 10:00 Chair Yoga/MSWC 11:00 Back &amp; Shoulder Health/MSWC 12:30 Bowling/L 1:00 Pinochle/DR 1:00 Mahjong/Café 1:00 AA meeting/PDR 1:30 Balance &amp; Hip Strength/MSWC 3:00 Rosary/MSC 3:00 Golf/L 6:00 Bingo/DR</p> <p>Michelle Vacation</p>	<p><b>29</b> 9:00 Flow Yoga/MSWC 10:00 Mass/SA 10:00 Chair Yoga/MSWC 10:30 Bowling/LR 11:00 Seated Hip Strength/MSWC 12:30 Bowling/L 12:45 Bridge/LR 1:00 Quiddler/DR 1:30 Strength &amp; Motion/MSWC 2:00 Book Club/GH 2:30 Rummikub/DR 3:00 Rosary/MSC 3:30 Movie/LR</p> <p>PP PDR 3:00-7:00</p>	<p><b>30</b> 9:00 Flow Yoga/MSWC 9:00 Rosary/MSC 9:30 Mass/MSC 10:00 Chair Yoga/MSWC 11:00 Back &amp; Shoulder Health/MSWC 1:00 Sheephead/DR 1:30 Balance &amp; Hip Strength/MSWC 2:00 Book Club/GH 2:00 Birthday Party/DR 2:30 Golf/L 3:00 Rosary/MSC 3:00 Ice Cream Social/Café 6:00 Dominoes/DR 7:30 Coloring Group/DR</p>	<p><b>31</b></p>	 <p><b>August 2022</b> All Saints Senior Apartments</p>	

DR= Dining Room, LR=Living Room, PDR=Private Dining Room, SA=Senior Apartments, MS=Main Street, PP=Private Party, WC=Wellness Center, CR=Community Room, TS=Town Square, CY=Courtyard